



लोकाः समस्ताः सुखिनो भवन्तु



**26<sup>th</sup> Annual National Conference of  
Association of Rural Surgeons of India (ARSI)**

**“ARSICON-2018”  
Dervan**

**23<sup>rd</sup>, 24<sup>th</sup> and 25<sup>th</sup> November 2018**

*Organized By*

**Shri Vitthalrao Joshi Charities Trust's**

**B.K.L. WALAWALKAR RURAL MEDICAL COLLEGE & HOSPITAL,**

**A/P. SAWARDE, TAL. CHIPLUN, DIST. RATNAGIRI, MAHARASHTRA, 415606**



**INVITATION**

Dear Friends,

Since its inception in 1992, the mission of ARSI has been to promote good affordable and reliable rural healthcare in the rural areas of our country. The aim of the Association was to have cooperation of other socio- health organizations, who have been delivering similar services, to share the knowledge of each other and to thereby upgrade the health management of the rural poor, to deliver indigenous and inexpensive methods to treat the diseases of those who are unable to take modern treatment due to their financial constraints. During the last two decades, ARSI has made a great achievement in this field.

The Association, which interacts with stalwarts from National & International, Developed & Developing countries, through such conferences, has always been able to march successfully and steadily towards our objectives. The present conference is being held in B. K. L. Walawalkar Rural Medical College and Hospital, Sawarde, Tal. Chiplun, Dist. Ratnagiri, Maharashtra, India, which is having rural surroundings and a perfect natural environment to hold this conference.

We are confident that, the scientific exposition at this conference would be of highest order. This would prove a great opportunity for everyone, to share each other's views and observations and would also result in strengthening the existing friendships and to have acquaintances with newcomers. The theme of this conference is "TRAINING AND CREDENTIALING RURAL HEALTH CARE PERSONNEL", which is designed to advance our path towards rural health care with determination as per the goal, which has been cherished by us throughout these years. We hope this conference would be an unforgettable and memorable performance, which would be credited with academic, cultural and social deliberations. This conference would also witness, several workshops, seminars, symposium, group discussions and many other things from noted and eminent experts.

The evening will be colorful with rural culture performances from local Artists of enriched kokan area. On behalf of organizing committee, we invite all of you to this memorable ARSI meet. Kindly save your dates and register early for the conference. We are sure memories of mingling with delegates from all corners of India, will leave a lasting impression on your minds.

**Shri Vikas K. Walawalkar  
Chairman Organizing Committee**



**MMC accreditation for Credit points is in process**

**IMPORTANT DATES**

**Last Date for Early Bird Registration : 30th July, 2018**

**Last Date for sending Abstracts: 30th September, 2018**

## ORGANISING COMMITTEE



**Patron**  
Hon. Shri. Ashok Joshi  
alias Kaka Maharaj  
Chief Trustee



**Organizing Chairman**  
Hon.  
Shri. Vikas Walawalkar  
Managing Trustee



**Trustee**  
Dr. Sudhir Joshi  
Orthopedic Surgeon



**Trustee**  
Dr. Sunil Nadkarni  
Spine Surgeon



**Organizing Secretary**  
Dr. Suvarna Patil  
Medical Director

### Organising Committee Members:

1. Dr. Vijay Dombale (Principal & Professor of Pathology)
2. Dr. Murlidhar Warunjikar (Professor & HOD Orthopedic)
3. Dr. Pramod Bapat (Professor, & HOD, Surgery)
4. Dr. Vasant Kawade (Professor & HOD, Obs/Gyn)
5. Dr. Netaji Patil (Radiologist & Co-ordinator)
6. Dr. Abhay Desai (Onco Surgeon)

## ARSI EXECUTIVE COMMITTEE



**President**  
Dr. Gnanaraj Jesudian



**Vice President**  
Dr. Shashank R. Kulkarni



**Secretary**  
Dr. Rajesh R. Tongaonkar



**Joint Secretary**  
Dr. Ram Prabhoo



**G. C. Member**  
Dr. Manhar Shah

<b>Treasurer</b>	Dr. Darshan S. Kulkarni	<b>G. C. Member</b>	Dr. Sharad Hardikar
<b>IMM Past President</b>	Dr. B.D. Patel	<b>G. C. Member</b>	Dr. Ravi Manoharan
<b>Bulletin Editor</b>	Dr. Sukumar Maiti	<b>G. C. Member</b>	Dr. Gopal V.K.
<b>G. C. Member</b>	Dr. Sanjib Kumar Mukhopadhyay	<b>G. C. Member</b>	Dr. Sushil Sharma
<b>G. C. Member</b>	Dr. Dilip Gupta	<b>G. C. Member</b>	Dr. O. P. Narayan
<b>G. C. Member</b>	Dr. Rahul Wagh	<b>G. C. Member</b>	Dr. Pandurang Chougule

Address for Correspondence : **Conference Secretariat**

**B. K. L. WALAWALKAR RURAL MEDICAL COLLEGE & HOSPITAL**

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Phone: 02355-264149 Email : arsicondervan2018@gmail.com

Contact : **Dr. Netaji Patil** : 09763551583, **Email:** dr.netajipatil1912@gmail.com

**Mr. Mukund Munagekar** : 9881733884 , **Mr. Rohan Gupte** : 08879017888

Website: [www.bklwrmc.com](http://www.bklwrmc.com) | [www.arsi-india.org](http://www.arsi-india.org)



## PROGRAMME ITINERARY

### Friday, 23rd November 2018 - Day 1

1	8.00 am - 9.00 am	Registration / Breakfast
2	9.00 am - 1.00 pm	Workshop / Video Demonstration
3	1.00 pm - 2.00 pm	Lunch Break
4	2.00 pm - 3.00 pm	Guest Lectures / Free Papers
5	3.00 pm - 4.00 pm	Dr. N. H. Antis Symposium
6	4.00 pm - 5.00 pm	Guest Lectures / Free Papers
7	5.00 pm	Inauguration
8	8.00 pm	Dinner

### Saturday, 24th November 2018 - Day 2

1	8.00 am - 9.00 am	Registration / Breakfast
2	9.00 am - 11.00 am	Guest Lectures / Free Papers
3	11.00 am - 11.30 am	Dr. Balushankar Oration
4	11.30 am - 12.00 noon	Dr. Antis, Finseth Award Presentation
5	12.00 noon - 1.00 pm	Symposium / Guest Lectures / Free Papers
6	1.00 pm - 2.00 pm	Lunch Break
7	2.00 pm - 5.00 pm	Symposium / Guest Lectures / Free Papers
8	5.00 pm	General Body Meeting of ARSI
9	7.00 pm	Culture Program followed by Dinner

### Sunday, 25th November 2018 - Day 3

1	8.00 am - 9.00 am	Breakfast
2	9.00 am - 12.00 noon	Symposium / Guest Lectures / Free Papers
3	12.00 am - 1.00 pm	Valedictory Function
4	1.00 pm - 2.00 pm	Lunch



- Air :**
- 'Chhatrapati Shivaji International Airport', Mumbai. The distance from airport to Dervan is approx. 280 km.
  - 'Goa International Airport' - (Dabolim Airport), Goa, Vasco Da Gama. The distance from airport to Dervan is approx. 292 km.
  - Pune Airport, Pune. The distance from airport to Dervan is approx. 255 km.
- Rail :** All major trains on Konkan Railway Route have stop over at Chiplun
- Road :** Regular Bus service from Mumbai (280 km), Pune (250 km), Kolhapur (166 km), Solapur (303 km), Belgaum (273 km), Bijapur (283 km) is available.

Train No.	Train Name	From Mumbai	To Chiplun
12051	Janshatabdi Express	Dadar - 5.25 am	9.50 am
50105	Divya-Sawantwadi Passenger	Divya - 6.20 am	11.30 am
10103	Mandavi Express	Mumbai CST - 7.10 am	12.55 pm
16345	Netravati Express	Kurla Ter. - 11.40 am	16.52 pm
12619	Matsyagandha Express	Kurla Ter. - 15.20 pm	20.30 pm
50103	Ratnagiri Passenger	Dadar - 14.40 pm	22.30 pm
10111	Konkankanya Express	Mumbai CST - 23.05 pm	4.31 pm
11003	Tutari Express	Dadar - 00.05 am	5.18 am

# PROPOSED SCIENTIFIC CONTENT

## Scientific Programme

The Scientific programme is specially designed to suit the rustic environment and the mood of delegates! It will consist of an open forum for discussion on controversial and most debated topics in the field of Rural Surgery. In this programme, each one of us will be able to participate, express our own views, interact and exchange our own thoughts. In addition to guest lectures, symposia, panel discussions and free papers there will be a special session on "How do I do it" in which an expert will speak on commonly faced problems by rural surgeons. (Interested persons should contact before 30th Sept.). Interesting operative videos will be presented

## Subject for Discussion

- 1 Measure to reduce maternal mortality rate in rural practice
- 2 Past, present and future – Obstetric & Gynec rural practice
- 3 High risk obstetrics – Challenges & Solutions
- 4 Measures taken for Road Traffic Accidents in rural setup with limited resources
- 5 Minimally invasive endoscopic discectomy
- 6 Better affordable root block - treatment for back-ache
- 7 Cross legged sitting after unicondylar knee replacement - pre-requisite for a villager
- 8 Use of PRF-Dervan Plug PRP and other biological solutions
- 9 Metronomic therapy – new rational for new directions
- 10 Interventional radiology in rural setup
- 11 Dervan model of Snake bite & scorpion sting treatment
- 12 Challenges from patient side – poverty, illiteracy, traditional healer
- 13 Place of Sports in health / Preventing illness through sports
- 14 Renal stones – better health channels
- 15 Do's & Don'ts in clinical practice in rural setup
- 16 Medico Legal problems in rural clinical practice
- 17 Precautions to be taken before sending patient to higher centre
- 18 How do I do it

## Workshops

- |                       |                              |
|-----------------------|------------------------------|
| 1 Urology             | 2 Gasless surgery            |
| 3 Oncology            | 4 Gastro Esophageal Surgery  |
| 5 High-risk pregnancy | 6 Spinal Anaesthesia Urology |

## Eminent Speakers

- 1 Dr. Gnanaraj Jesudian, President, ARSI
- 2 Dr. Shripad Banavali, (Oncologist, Professor & HOD Tata Hospital Mumbai) - Pioneer in Metronomic Therapy
- 3 Dr. Sudhir Joshi, Orthopedic Surgeon
- 4 Dr. Sunil Nadkarni, Spine Surgeon
- 5 Dr. Satej Sabnis, Urologist
- 6 Dr. Pavan Kohli, Sports Orthopedic Surgeon
- 7 Dr. Pankaj Kulkarni (Gynecologist)
- 8 Dr. Suvarna Patil (Physician)
- 9 Dr. Murlidhar Warunjikar (Professor & HOD Orthopedic)
- 10 Dr. Pramod Bapat (Professor, & HOD, Surgery)
- 11 Dr. Abhay Desai (Onco surgeon)
- 12 Dr. Bharati Sharma (Orthopedic Surgeon)
- 13 Dr. Satish Gore (Endospoic spine surgeon)
- 14 Dr. Suyash Kulkarni (Interventional Radiologist, Tata Hospital, Mumbai)
- 15 Dr. Netaji Patil (Radiologist)
- 16 Dr. Vasant Kawade (Professor & HOD, Obs/Gyn)

## Free Paper Presentation

- Free paper presentation will have Original clinical and research papers in various aspects of Rural Surgery. Time allocated for a free paper will be 8 minutes for presentation followed by 2 minutes for discussion.
- In case there is paucity of time, some free papers may be converted into short papers with 6 minutes for presentation followed by 2 minutes discussion or converted to a poster presentation, if it is agreeable to the presenter.
- Timings will be strictly adhered to and we trust that speakers will co-operate.
- The presentation should be made on LCD projector with single projection with Power point format should be used.
- It is mandatory for all presenters to hand over their Power point presentations for loading into the main computer one day prior to the date of their scheduled presentation.
- Mandatory to register for paper / poster presentation.
- Registration form can be downloaded from the websites: [www.bklwrmc.com](http://www.bklwrmc.com) and [www.arsi-india.org](http://www.arsi-india.org)

## Poster Presentation

- A separate display area will be made available for posters. A space, 100 cm in height & 100 cm in width will be provided to each presenter for mounting his / her posters.
- Posters must be concise with clear titles, details of authorship, material and methods, results and conclusions

## Guidelines for Abstract

- Abstracts must be submitted, typed in English in Times New Roman font with size 10 & should not exceed 250 words. Abstracts form is available online at [www.arsi-india.org](http://www.arsi-india.org) & [www.bklwrmc.com](http://www.bklwrmc.com).
- Please use single space between lines. All presenters must register for the conference before 30th September, 2018, to be able to present a paper. The presenting author's name should be highlighted or underlined. The Scientific Committee will have the final say in regard to the acceptance of the paper / papers for presentation.
- Kindly proof read the abstract carefully prior to sending it, as no change to this manuscript will be made later.
- Please send the abstract/s addressed to the Chairman of Scientific Committee by surface mail to the Conference Secretariat. In addition please E-mail a copy of the abstract (typed in Microsoft Word Document) to [arsicondervan2018@gmail.com](mailto:arsicondervan2018@gmail.com)
- The last date for submission of abstracts is 30th September, 2018.
- The Scientific Committee will review the abstracts. Applicants will receive notice of its acceptance / rejection at the earliest by e-mail. Details of the presentation viz, date, time allotted & session will be mentioned in the acceptance letter.

### ABSTRACT SUBMISSION

Registration Compulsory for Paper and Poster Presentation

Abstracts preferably should be sent by email to: [arsicondervan2018@gmail.com](mailto:arsicondervan2018@gmail.com)

Presenting Author : \_\_\_\_\_

Email : \_\_\_\_\_

Co Authors : \_\_\_\_\_

Institution : \_\_\_\_\_

1. Introduction : (250 words maximum. Font- Times New Roman, 10pt)

2. Materials and Methods:

3. Observations :

4. Conclusions :

Conference Secretariat

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Website: [www.bklwrmc.com](http://www.bklwrmc.com) | [www.arsi-india.org](http://www.arsi-india.org)



Konkan, the paradise for nature lovers offering lots of beaches, waterfalls, backwaters, hills, lush green palms, also rich with lots of adventure sports and of course mouth watering Alphonso mangoes. Ratnagiri district is a paradise in the world. It is less touched by new culture. Adventurous travelers, holiday makers and nature lovers are drawn to this beautiful paradise



**Parshuram Temple**- Parashurama a Brahmin, the sixth avatar of Vishnu, belongs to the Tretayug. He fought the advancing ocean back thus saving the lands of Konkan and Malabar. The coastal area of Kerala state along with the Konkan region, i.e., coastal Maharashtra and Karnataka, is also sometimes called Parashurama Kshetra (Parashurama's country). (Appx. 30 Km)

**Shivshrushti at Dervan** - where you can watch the entire life history of King Shivaji through pictures and statues. This memorial is known as 'Shivshrushti', established by Shree Sant Sitarambuva Walawalkar Trust. (Appx. 2 Km)



**Guhagar Beach** - A quite, clean and gorgeous beach. Walk to the beach so beautiful through betel nut plantations. (Appx. 45 Km)

**Ganpatipule** - It's known for its beaches, such as Ganpatipule Beach and nearby Aare Ware Beach. On Ganpatipule Beach, the centuries-old Swayambhu Ganpati Temple is a pilgrimage site and houses a large orange statue of Ganesh. (Appx. 70 Km)



**Dapoli**- Murud Beach, Harne Beach. Kadyawarcha Ganpati - In Aanjarle Village On The Seashore The Temple Built On Huge Mountain Is Known As 'Ganapati Of Kadyawar'. The Temple must be of Madhavrao Peshva period. (Appx. 75 Km)



**Ratnagiri** - Thiba Palace is in Ratnagiri city is historical building. This historical palace built in 1910-11 by the British. This palace area is about 25803 Sq. Meter. When british bring the King Thiba from Bramahadesh, they shifted him in Ratnagiri and for the King Thiba the palace is built.

**For Tour Details, Hotel or Ticket Bookings, Please contact:**  
**Sai Travels**, Travel Partner Veena World  
CHIPLUN, Tel: 02355-681056 / 253722  
Email: [psp.saitravels@veenaworld.com](mailto:psp.saitravels@veenaworld.com)  
Mr. Abhijeet B. Chavan,  
Mob: 07798271618 / 09423296861

# SHRI VITHALRAO JOSHI CHARITIES TRUST



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## SPORTS ACADEMY

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www.svjctsportsacademy.com

### Regional Center for Adolescent Health & Nutrition :

- Elimination of Malnutrition ( Children < 6 Years)
- Adolescent Health Programme
- Dental Health in School Children
- Holistic Approach to ANC & PNC Mothers
- Cancer Screening Programmes

### International Collaborations:

- Medical Research Council (MRC), UK
- Royal College of Surgeons of Edinburgh, UK
- Royal College of Anesthesia, UK
- National University of Singapore
- British Medicos, UK
- Rosalind Franklin University, USA
- Barcelona University, Spain
- Oxford University, England
- Hamburg University, Germany